The Relation Of Left Or Right Visual Acuity And Psychologic Symptoms In Strabismic Patients

Şaşılık Hastalarında Sağ Veya Sol Görme Keskinliği İle Psikolojik Semptomların İlişkisi

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Abstract

Strabismus refers to any abnormality of eye coordination or alignment that results in loss of binocular vision. The rate of right-eye preference was reported to be greater at the right-handed subjects than the left-handed ones. The eye has a visual acuity threshold below which an object will go undetected. The 39 consecutive subjects, who had esotropia or exotropia, were enrolled in this study. We noticed a relation in most of the parameters between intensity of psychological symptoms and visual acuity of the right eye, whereas there was no such relation with the lefte eye. Another interesting finding was the validity of this relation for only men. We may propose that differences in cerebral complex network concerning lateralization may be responsible for this relation of the parameters between intensity of psychological symptoms and visual acuity of the right eye.

Key Words: Strabismus, Visual acuity, Eye preference, Psychological symptoms.

Özet

Şaşılık göz koordinasyonu ve hizalamasındaki herhangi bir anormalliğe bağlı binoküler görmenin kaybı olarak tanımlanır.Sağ elini kullanan olgulara kıyasla sol elini kullananlarda sağ göz tercihi daha fazla oranda bildirilmiştir. Gözün bir objeyi farketmesindeki sınır, görme keskinliğidir. Ezotropi veya ekzotropisi olan ardışık 39 olgu bu çalışmanın kapsamındadır. Sağ gözde görme keskinliği ile psikolojik belirtilerin şiddeti arasındaki parametrelerin çoğunda bir ilişki saptarken böyle bir ilişkiyi sol göz için saptamadık. Bir diğer ilginç bulgu bu ilişkinin sadece erkekler için geçerli olmasıydı. Serebral kompleks de lateralizasyon ile ilgili farklılıkların sağ gözde, görme keskinliği ile psikolojik belirtilerin şiddeti arasındaki parametrelerin bu ilişkiden sorumlu olabileceği öne sürebilir. Anahtar Kelimeler: Şaşılık, Görme keskinliği, Göz tercihi, Psikolojik belirtiler.

Gaziantep Tıp Dergisi 2008, 14:37-40.

INTRODUCTION

Eye dominance (sighting dominance, eye preference, or eyedness) refers to the eye preferentially used in different forms of visual alignment (1) and for carrying out monocular activities such as sighting through a telescope (2,3). Little is known about the factors involved in eye preference. (4).

It was found that the rate of right-eye preferents is greater in the right-handed subjects than in the left-handed ones (5-9).

Yazışma Adresi:

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The right cerebral hemisphere is dominant in visuospatial and nonverbal functions such as art, architecture, geometry, and mathematics, whereas the left cerebral hemisphere is dominant in verbal functions such as rhetoric, literature, and poetry although there are slight differences between males and females in using different brain areas for language processing (6,11-15).

Although pattern-reversal visual evoked potentials of healthy subjects provide electrophysiological evidence of lateralization in the nervous system, sensory eye dominance seems to have no correlation with macular function (16). Even though the molecular and genetic bases of this asymmetry are not well understood (17).

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Its existence is supported by abundant converging evidence from in vivo and postmortem neuroanatomy, neurochemistry, neuropsychology, neuro-imaging, and behavioral researches (18,19).

The measurement of visual acuity is an essential part of the ophthalmologic examination and it represents the most common and useful test for assessing visual function (20).

Strabismus, or squint, refers to any abnormality of eye coordination or alignment that results in loss of binocular vision. When images from the same spots in visual space do not fall on corresponding points of the two retinas, diplopia, or double vision, occurs. In standard terminology, the disorders of eye movement are described according to the direction of movement.

Table 1. The correlation between psychological symptom severity and right and left visual acuity of strabismic patients.

	Visual acuity			
Symptom Scales	Right		Left	
	R	P	R	P
Somatization	-0.445	0.005**	0.020	0.905
Obsessive- Compulsive	-0.308	0.111	-0.093	0.575
Interpersonal Sensitivity	-0.403	0.011*	-0.027	0.869
Depression	-0.358	0.025*	-0.097	0.555
Anxiety	-0.438	0.005**	* -0.032	0.849
Hostility	-0.375	0.019*	-0.106	0.520
Phobic Anxiety	-0.264	0.104	0.124	0.450
Paranoid Ideation	-0.291	0.072	0.013	0.935
Psychoticism	-0.098	0.552	0.039	0.815
Global Severity Index	-0.412	0.009**	-0.037	0.821
Positive Symptom Total	-0.371	0.020**	-0.023	0.887

^{**}Correlation is significant at the 0.01 level (2-tailed).

Esotropia refers to medial deviation, exotropia refers to lateral deviation, hypertropia refers to upwards deviation, hypotropia refers to downward deviation, and cylotropia refers to torsional deviation. The term concomitance refers to equal deviation in all directions of gaze. A nonconcomitant strabismus is one that varies with the direction of gaze.

Strabismus may be divided in to paralytic forms, in which there is weakness or paralysis of one or more of the extraoculer muscles, and non paralytic forms, in which there is no primary muscle impairment (21). Strabismus is called intermittent, or periodic, when there are periods in which the eyes are parallel. It is monocular when the same eye always deviates and the fellow eye fixates (22).

The symptom cheklist (SCL-90_R)(23,24) is a 90-item self report symptom inventory designed to screen for a broad range of psychological problems. Each of the 90 items is rated on a five-point Likert scale of distress, ranging from "not at all (0) to "extremely" (4).

Subsequently the answers are combined in nine primary symptom dimensions. Somatization, obsessive-compulsive, interpersonal sensitivity, hostility, depression, anxiety, paranoid ideation, phobic anxiety and psychoticism. In addition, three global indices provide measures of overall psychological distress: the global severity index (GSI), the positive symptom total (PST) and the positive symptom distress index (PSDI)(25). The aim of this study was to assess any relation between left and right visual acuity and severity of psychological symptoms in patients with strabismus.

METHODS

Subjects: The 39 consecutive subjects (M: 22, F: 17) who had esotropia or exotropia and at least 10 years old were enrolled in this study. The strabismic patients with a history of psychologic disorder and with aesthetic abnormalities except ocular misalignment were excluded. Snellen visual acuity, ocular motility, anterior segment examination were performed in clinical examination. The angles of deviation were measured by the simultaneous prism and cover test and the prism and alternate cover test at 6 and 0.33 meters in the primary position.

Procedure: Subjects completed the SCL-90-R (25,26) which is designed to detect self-reported indicators of behavioral and psychiatric distress. Respondents rate the occurrence and intensity of 90 distress symptoms on a 4-point scale ranging from 0 ("not at all") to 4 ("extremely"), yielding a Global Severity Index (GSI) and nine subscales: Somatization, Anxiety, Obsessive-compulsive, Depression, Interpersonal sensitivity, Psychoticism, Paranoid ideation, Hostility, and Phobic anxiety.

Statistical analyses: We analyzed the relation between right and left visual acuity and SCL-90-R scores of the strabismic subjects using bivariate correlation analysis with SPSS software.

RESULTS

The psychological symptom severity scales and visual acuities of patients are shown in Table 1 We have found significant relations between right visual acuity of strabismic patients and somatization, interpersonal sensitivity, depression, anxiety, hostility, global severity index and total positive symptoms, r and p values were (-0.445, 0.005), (-0.403, 0.0 11), (-0.358, 0.025), (0.438, 0.005), (-0.375, 0.019), (-0.412, 0.009) and (-0.371, 0.02), respectively. We did not find any significant relations concerning the left visual acuity.

These correlations were assessed in terms of sex. The same correlations observed in male patients were also significant (Table 2).

^{*}Correlation is significant at the 0.05 level (2-tailed).

The r and p values of somatization, interpersonal sensitivity, depression, anxiety, hostility, paranoid ideation, global severity index and total positive symptoms were (-0.659, 0.001), (-0.541, 0.009), (-0.529, 0.011), (-0.567, 0.006), (-0.515, 0.014), (-0.433, 0.044), (-0.548, 0.008) and (-0.573, 0.005), respectively. There was no such relation in female patients (Table 3).

Table 2. The correlation between psychological symptom severity and right and left visual acuity of male strabismic patients.

	Visual acuity			
Symptom Scales	Right		Left	
	R	P	R	P
Somatization	-0.659	0.001**	0.046	0.838
Obsessive- Compulsive	-0.410	0.058	-0.194	0.387
Interpersonal Sensitivity	-0.541	0.009**	-0.011	0.961
Depression	-0.529	0.011*	-0.116	0.608
Anxiety	-0.567	0.006**	-0.046	0.838
Hostility	-0.515	0.014*	-0.113	0.616
Phobic Anxiety	-0.375	0.086	0.126	0.575
Paranoid Ideation	-0.433	0.044*	0.062	0.783
Psychoticism	-0.170	0.448	0.005	0.981
Global Severity Index	-0.548	0.008**	-0.057	0.801
Positive Symptom Total	-0.573	0.005**	0.010	0.965

^{**}Correlation is significant at the 0.01 level (2-tailed).

DISCUSSION

It was reported that in the right-handed population, the number of persons with right-eye dominance is greater than the number of persons with left-eye dominance, but this was opposite in the left-handed population (6,27) reported that the left eye is dominant in 36.1% of pure right-handers, 23.3% of mixed right-handers, 67.6% of pure left-handers, and 55.4% of mixed left-handers. Merrell (9) reported that 29% of 464 right-handed subjects and 61% of 33 left-handed ones had left-eye dominance.

Baykal et al. (7) reported that 85% of the right-handed subjects had right-eye, 11% had left-eye, and 4% had both-eye dominance, whereas 67% of the left-handed subjects had right-eye, 22% had left-eye, and 11% had both-eye dominance.

These studies have shown that there is a weak but definite relation between hand preference and eye dominance. Consequently, it may be concluded that the human eyes are predominantly ipsilaterally controlled by the cerebral visual cortices.

Table 3. The correlation between psychological symptom severity and right and left visual acuity of female strabismic patients.

		Visual acuity			
Symptom Scales	Right		Left		
	R	P	R	P	
Somatization	-0.104	0.691	-0.023	0.930	
Obsessive- Compulsive	0.252	0.329	0.188	0.469	
Interpersonal Sensitivity	-0.071	0.785	-0.060	0.820	
Depression	-0.094	0.719	-0.073	0.782	
Anxiety	-0.051	0.844	0.004	0.987	
Hostility	-0.098	0.709	-0.102	0.697	
Phobic Anxiety	-0.051	0.847	0.121	0.644	
Paranoid Ideation	0.109	0.678	-0.087	0.740	
Psychoticism	0.081	0.756	0.102	0.696	
Global Severity Index	-0.086	0.743	0.001	0.995	
Positive Symptom Total	0.032	0.902	-0.082	0.754	

The findings of our study reveal that there is a relation between psychologic symptom severity and right eye visual acuity, whereas there was no such relation between left eye visual acuity. Another interesting finding is that this relation is observed only in male subjects. Further studies are needed in order to explain the relation between right eye visual acuity and psychological symtom severity limited to the male subjects and imply its role in patophysiological mechanisms.

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^{*}Correlation is significant at the 0.05 level (2-tailed).

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